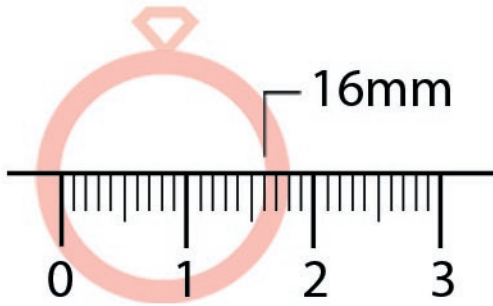


# Determining the ring size

## 3 possibilities

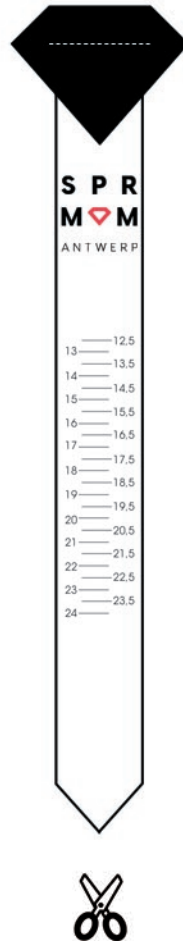
### 1. With a ruler

Using a ruler, measure the diameter of the inside of the ring (not including the edge). The number of millimeters is the ring size.



### 2. The SPRMOM Ringsizer

Print this document at 100% scale. Cut out the meter and make a cut on the dotted line. Fold the meter around the finger and push the end through the incision. The line that is equal to the incision indicates the correct ring size.



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### 3. Diameter versus circumference

Ring sizes may differ. One ring has the diameter as a measure, the other the circumference. With this table you can see which diameter fits to which circumference.

Ring sizes	Diameter (mm)	Circumference (mm)
12,5	12,5	39,3
13	13	40,8
13,5	13,5	42,4
14	14	44
14,5	14,5	45,6
15	15	47,1
15,5	15,5	48,7
16	16	50,3
16,5	16,5	51,8
17	17	53,4
17,5	17,5	55
18	18	56,5
18,5	18,5	58,1
19	19	59,7
19,5	19,5	61,3
20	20	62,8
20,5	20,5	64,4
21	21	66
21,5	21,5	67,5
22	22	69,1
22,5	22,5	70,7
23	23	72,3
23,5	23,5	73,8
24	24	75,4